

Newsletter – 19 January 2018

Next week will be a very busy week in school, especially for the children in the Junior department.

On Monday we have the Junior music and drama presentation of **Jack and the Beanstalk**, that was postponed from before Christmas, coming up. **This show will feature Years 3, 4 5, and 6 children** and will be taking place at the Lijsterbes Community Theatre on Monday 22nd January starting at 17.00. This is in Lijsterbessenbomenlaan and you can see the exact location at <https://goo.gl/maps/2rLtX4hErMK2> . The nearest STIB connection is the 42 bus from Roodebeek metro.

The **Reception, Year 1 and Year 2 show** will be taking place at the same theatre exactly one week later on Monday January 29th at 17.00 so please be aware of these important dates. For both shows the children are being taken to the theatre at 13.00 and picked up from the theatre after the show at around 18.00.

Monday of next week will also see the start of our **Health & Hygiene Week**. As part of the week we would like to further encourage healthy eating amongst the children. Could parents therefore make a special effort to provide some excellent healthy snacks and lunches and exclude sweet treat. We would suggest that you include pieces of fruit rather than items that contain too much added sugar.

We would also recommend for Health & Hygiene Week that all children use the week to start going to bed early enough to **get plenty of sleep**. Current recommendations for the amount of sleep that children need are

Age	Recommended sleep	Example
4 years	11 hours 30 minutes	19.30 – 07.00
5 years	11 hours	20.00 – 07.00
6 years	10 hours 45 minutes	20.15 – 07.00
7 years	10 hours 30 minutes	20.30 – 07.00
8 years	10 hours 15 minutes	20.45 – 07.00
9 years	10 hours	21.00 – 07.00
10 years	9 hours 45 minutes	21.15 – 07.00
11 years	9 hours 30 minutes	21.30 – 07.00

In the morning we would also like to point out that it is better for children if they eat a proper breakfast. In general, children who eat breakfast have more energy, do better in school, and eat healthier throughout the day. Without breakfast, people can get irritable, restless, and tired. Please see <https://www.sciencedirect.com/science/article/pii/S1878450X17300045> for more information.

The week in school will see several similar themes explored.

On Tuesday (23rd January) the Junior Department children (Years 3, 4, 5 and 6) should aim to arrive at school at 08.30 on Tuesday, as we **need to depart promptly for the Move concert at Bozar**. All children should bring a small backpack with a snack, lunch and drink.

Even though there is a Year 5 & 6 outing to the theatre next Thursday evening to see Midsummer Night's Dream, **there will still be a LAMDA after-school drama club next Thursday**.

On Friday 26th January the Year 3, 4, 5 and 6 children will be going off-site to a local park for **our first Mystery Adventure Assembly**. The children should wear sports kit (and bring a small back pack for a water bottle)

Please let us know as soon as possible **if you think that you may be leaving BISB** by the end of the Spring term i.e. any time up till March 2018.

The School Council has arranged for a **representative from the local tree-planting association** to visit the Junior Department on Monday 29th January. This visit will include looking at trees both in and near the school so will include the children leaving the building and walking in the avenues close to the school.

As usual we are experiencing a **significant demand for places for our Nursery for September 2018**. So much so that at this stage (assuming that all of our pre-Nursery children continue into next year's Nursery) we only have 4 places left for morning sessions in September. This means that if you are thinking of a Nursery place for a younger brother or sister at any time up to June 2019 then you should contact the school office as soon as possible. This also affects families who are enquiring about pre-Nursery places now. **If you are not lucky enough to obtain a Pre-Nursery place for this school year** then please let us know if you are happy to defer your application to become an application for a Nursery place for September 2018.

We are now also starting to receive other requests for school places in September 2018 so we would be pleased to know as soon as possible **if families think that they may be leaving BISB at the end of the school year** in June 2018.

The **talk topic homeworks** for next week are as follows:-

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| For Nursery | Think of as many weather words as you can; which weather do you prefer? |
| For Reception | What is your favourite food? Where does it come from? |
| For Year 1 | There is a troll in the story we are looking at next, 'The Three Billy Goat's Gruff. What is a troll?' |

- For Year 2 How can we change our diet to make it healthier?
- For Year 3 What real-life adventures have we had on a journey that we've taken?
- For Year 4 What would be the headline of the week in Year 4? Report what happened.
- For Year 5 / 6 Why is personal hygiene so important?

For all those families **paying fees by Domiciliation each month** please note that the target date for the amounts to be taken automatically from your account is always the 3rd of each month. Please also note that for families making their first domiciliation payment there is always a slight delay as the bank processes and enters the new information.

Parents may wish to be aware that **children under 12 attending school in Brussels are entitled to travel for free on the Brussels public transport system.** However to do this they must have their own MOBIB card which costs 5 € and then load it with a free subscription J (abonnement J). They then use it every time they enter a bus, tram or metro. More information can be obtained from BISB or www.stib.brussels .

This week's star pupils of this week were:

- Reception Yuvanathi for her super dancing during the show practices.
Akshita for her beautiful singing.
- Year 1 Suansh for writing a fantastic story of his own based on 'The Three Little Pigs'.
Diya for showing great progress in writing so far this year.
- Year 2 Aasya for very good maths skills and superb reading.
Suhail for settling down well into our class and quickly learning his songs and words for the play.
- Year 3 Aarav for his superb story, which was well-structured, imaginative and exciting. Well done!
Anjali for continuing to work so hard, and for making such a positive contribution to school life.
- Year 4 Sai Shreyas for great writing
Dev for being on the money all week
- Year 5 / 6 Anna for her excellent preparation for the LAMDA examination - what a performance!
Juliana for her determined attitude towards maths and working during the holidays to improve her skills.

And finally this week's thought for the week is:-

“Doubt is not a pleasant condition, but certainty is absurd.”

- Voltaire

Spring Term 2018

Tuesday 16 th January 14.00 – 16.00	BISB hosts meeting of Primary Heads Liaison Group for International Schools of Belgium
Monday 22 nd January	Start of Health & Hygiene Week
Monday 22 nd January at 17.00	Jack and the Beanstalk – Year 3, 4, 5, 6 show Lijsterbes Community Theatre.
Tuesday 23 rd January	Year 3/4/5 and 6 children to Bozar Concert
Thursday 25 th January	Year 5 / 6 visit to theatre to see Brussels Shakespeare Society presentation of Midsummer Night's Dream
Friday 26 th January	Year 3, 4, 5 and 6 children will have our first Mystery Adventure Assembly
Monday 29 th January at 17.00	Reception / Year 1 / Year 2 show Lijsterbes Community Theatre.
Tuesday 6 th February	Year 3 trip to Moulin d'Alimentation d'Evere
Wednesday 7 th February	Year 4/5/6 trip to Moulin d'Alimentation d'Evere
Monday, 12 th February - Friday, 16 th February	Half Term Break

BISB School Calendar – Academic Year 2017 / 2018

Autumn Term

Monday, September 4, 2017

Start of Autumn Term

Monday, October 30, 2017
- Friday, November 3, 2017

Half Term
Break

Friday, December 15, 2017 at 15.30

End of Autumn Term

Spring Term

Monday, January 8, 2018

Start of Spring Term

Monday, February 12, 2018
- Friday, February 16, 2018

Half Term
Break

Friday, March 23, 2018 at 15.30

End of Spring Term

Monday, April 9, 2018

School Closed - Staff Training Day

Summer Term

Tuesday, April 10, 2018

Start of Summer Term

Monday, April 30, 2018
Tuesday, May 1, 2018

Holiday
May Day Public Holiday

Thursday, May 10, 2018
Friday, May 11 2018

Ascension Public Holiday
Half Term Holiday

Monday, May 21, 2018

Pentecost Holiday

Friday June 29th 2018 at 12.15

End of Summer Term

Provisional start of Autumn Term - Monday, September 3rd, 2018