

Food & Healthy Habits	Learning Objectives / Key skills	Activities	Assessment Special Comments
<p>Communication &amp; Language</p> <p>Literacy</p>	<p>Listen to stories with increasing attention and recall.</p> <p>Take part in discussions and listen to others.</p> <p>Build up vocabulary that reflects the breadth of their experiences.</p> <p>Begin to use language in imaginary situations.</p> <p>Ascribe meanings to marks.</p> <p>Begin to use sentences.</p>	<ul style="list-style-type: none"> <li>• Reading food related stories, watching food related stories on the interactive whiteboard and learning food and healthy habit songs and rhymes.</li> <li>• Becoming familiar with books, holding the correct way up, turning pages and distinguishing text/picture.</li> <li>• Foster opportunities for 'talk' and model language.</li> <li>• Regular speech and language sessions in small groups.</li> <li>• Order food in a take away restaurant using the telephones.</li> </ul>	<p>Assessing speech development.</p> <p>Supporting children to use words instead of gesture.</p> <p>Enrich English vocabulary introducing new words and unusual each day.</p> <p>Introduce Phase one phonics.</p>
<p>Mathematical Development</p>	<p>Enjoy joining in with number rhymes and songs.</p> <p>Shows curiosity about numbers by asking questions.</p> <p>Use some number games accurately in play.</p> <p>Willing to attempt to count, beginning to put numbers in the correct order.</p> <p>Use comparative language such as Big and Little.</p> <p>Begin to recognise and explain simple patterns.</p> <p>Begin to talk about shapes of everyday objects.</p>	<ul style="list-style-type: none"> <li>• Use food and good habits songs and introduce new number rhymes.</li> <li>• Counting down from 10</li> <li>• Count in different ways and in different settings (small groups, whole class, using number cards, counting objects).</li> <li>• Play matching games in small groups.</li> <li>• Ask children to order a set of number cards.</li> <li>• Staff to model mathematical language.</li> <li>• Colour coding</li> <li>• Regular maths sessions in small groups</li> </ul>	<p>Begin to identify numbers 1-10 and 10 - 20.</p> <p>Count verbally 1-20.</p> <p>Assess children's matching skills.</p> <p>Make simple patterns.</p> <p>Shape recognition 2D/3D.</p>
<p>Understanding the World</p>	<p>Shows curiosity and interest through facial expression, movement and sound.</p> <p>Show curiosity - observe and manipulate objects.</p> <p>Talk about what they see and what is happening.</p> <p>Begin to try out a range of tools and techniques safely.</p> <p>Join construction pieces together to build.</p> <p>Begin to look at similarities and differences.</p> <p>Show an interest in the world in which we live.</p>	<ul style="list-style-type: none"> <li>• Look at similarities and differences in eating habits in different countries, looking at festival food</li> <li>• Use the interactive board or iPad to play simple healthy habit related games</li> <li>• Investigating corn flour 'gloop', sand, water and dough</li> <li>• Discuss people we know - teachers, staff members, bus drivers, shop keepers</li> <li>• Going to a restaurant, different people working there</li> <li>• Introduce technology in a safe and fun way</li> </ul>	<p>Using digital camera to take photo and look at images.</p> <p>Using interactive whiteboard to view images and make observations.</p> <p>Celebrations as they occur throughout the latter part of the term.</p>

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<div style="background-color: red; color: white; padding: 5px; text-align: center;"> <b>Personal, Social &amp; Emotional Development</b> </div>	<p>Show curiosity.</p> <p>Have a sense of belonging.</p> <p>Show care and concern for others.</p> <p>Begin to express feelings and ideas.</p> <p>Begin to form good relationships with adults and peers.</p> <p>Begin to develop concentration skills</p> <p>Seek out others for play.</p>	<ul style="list-style-type: none"> <li>• Continue to discuss the Nursery routine.</li> <li>• Supermarket shopping game.</li> <li>• Playing together in small groups or alongside other children.</li> <li>• Saying 'Sorry' with words or gesture.</li> <li>• Getting dressed by ourselves and working on independence skills.</li> <li>• Using the toilet independently and asking if we need to use it.</li> <li>• Coughs and sneezes game.</li> </ul>	<p>Continue observations and assessments for each child in the Nursery setting.</p> <p>Large and small group activities. Pass the teddy, taking turns to talk during circle time.</p> <p>Increase concentration periods</p>
<div style="background-color: blue; color: white; padding: 5px; text-align: center;"> <b>Physical Development</b> </div>	<p>Move with confidence.</p> <p>Move in a range of ways, such as crawling and walking.</p> <p>Negotiate space around other children, be able to stop safely.</p> <p>Begin to recognize the importance of keeping healthy.</p> <p>Be able to stop safely.</p> <p>Construct with large materials.</p>	<ul style="list-style-type: none"> <li>• Fine motor investigating a variety of mark making</li> <li>• Using scissors</li> <li>• Gross motor large painting and chalk drawings.</li> <li>• Moving parts of our body (i.e. arms, legs) to music</li> <li>• Playing outside with confidence and increasing control of our bodies</li> <li>• Exercise and healthy habits</li> </ul>	<p>Teach basic PE rules for working outside. Visual and verbal instructions.</p> <p>Running, jumping, throwing &amp; catching, assessments</p>
<div style="background-color: green; color: white; padding: 5px; text-align: center;"> <b>Expressive Arts and Design</b> </div>	<p>Begin to differentiate between colours.</p> <p>Join in with favourite songs/rhymes.</p> <p>Respond to rhythm, music and story through movement.</p> <p>Enjoy dancing and ring games.</p> <p>Explore and learn how sounds can be changed.</p> <p>Respond to sound with body movement.</p> <p>Make collages and paintings.</p>	<ul style="list-style-type: none"> <li>• Eating healthy food and exercising</li> <li>• Cooking sessions making different recipes each week</li> <li>• Food groups</li> <li>• Big cook/little cook</li> <li>• Roleplay cafe /restaurant area</li> <li>• Music and movement</li> <li>• Food tasting sessions/5 senses</li> <li>• Hand washing and general hygiene</li> </ul>	<p>Encourage children to explore different media throughout nursery setting (paint, pencils, chalks, whiteboard makers, computer pen).</p>

